



“Empowering Everyone in the HB Community”

Information & Enrolment Pack

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A History of Taekwon-Do

Taekwon-Do, the Korean art of self-defence, was inaugurated in South Korea on 11th April 1955 by the Father and Founder Major General Choi Hong Hi, 9th Degree Black Belt. This version of an ancient form of unarmed combat, perfected in Korea. To practitioners it is often more than a mere physical skill. It is also a way of life. HBITF is a part of the NZ International Taekwon-Do Federation. We are the official regional representatives for ITF

We are a part of the National organization called NZ-ITF. We are proud to follow the Founder's Son, President of ITF GM Choi Jung Hwa

Korean	Translation
Tae	to jump, kick or smash with the foot
Kwon	to punch or destroy with the hand or fist
Do	art, way or method

So, Taekwon-Do means the Art of Hand and Foot Fighting. It involves the skilled application of punches, kicks, blocks, locks and dodges to destroy the opponent.

Whether participating in Taekwon-Do for self defence, sport, keep-fit or as a hobby, the enjoyment derived will justify the time invested. As a physical discipline it is suitable for any age, gender or ability.

About Your Instructor

Currently a 4th Dan Black Belt, Mr Ben Evans has been training and successfully competing in Taekwon-Do. For over 18 years. He continues to train and compete and is well known for his energy, contagious enthusiasm and passion for teaching and helping others,

In addition he runs courses for schools including anti-bullying, enrichment, self-defence and Taekwon-Do.

Monthly Training Fees

\$9.00 for one student weekly (Unlimited training within the one week at all locations in Hawkes Bay)

An add on of \$5 extra per family member for training, this entitles all students to be able to attend what is offered within the week which can be found on HBITF.ORG.NZ

- If students are interested in participating in personal training for their Taekwon-Do development... Ben Evans is available to do personal trainings at \$60.00 an hour... An add on for group trainings is still the price \$80.00 max group of 5 Students for up to 2 hours.
- TIME: Contact Ben Evans for availability. Training must be organised in advance.

Membership Fees

Annual fee of \$20.00. This fee includes the grading booklet, membership card and login access to HBITFs online training tutorials. Family discounts available for families of 3 or more attending.

Training, Grading and Membership fees can be paid into this account: 06-0241-0295129-00. HBITF LTD, ANZ, REF: Name of student.

Training fees can either be paid in full per term or paid off weekly as an automatic payment. Cash payment are not desirable but can be done upon request. It is expected that fees are paid regardless of attendance e.g. if you have paid your fees and have not attended training, your fees are unable to be refunded.

What to Wear

No special clothing is needed at first. Something loose-fitting and comfortable (e.g. tracksuit bottoms and t-shirt) is fine. No footwear is required (unless footwear is required). A white suit (Dobok) is required for Grading. Doboks can be purchased through Ben Evans at \$60.00 each. Family deals are available.

Grading

Grading's are not compulsory. They are an assessment of a student's progress. These take place (approximately) every 12 weeks.

In order to grade, a student must:

- Have a white training suit
- Have an up-to-date Membership Card HBITF
- Pay a grading fee of \$40.00, belt fee \$10.00 – if applicable
- Meet their requirements as stated in the grading book.

Competitions

There are many regional, national and international competitions along with seminars taken by international Taekwon-Do practitioners, as well as guest instructors. Students will be advised of any upcoming events and can obtain further information from their instructor. Students are required to buy sparring gear at \$60.00 which includes gloves and foot protectors (if sparring). This can be purchased through Ben Evans. Ask for further details.

*This covers examination, examiner and session fees, certificate and belt upon passing.

HB ITF Membership Application Form

(All information received is confidential)

(Please use CAPITALS) (One form per Student... Family member details please write on back of page)

Surname: _____

Name: _____

Home address: _____

Postcode: _____

Contact Number: _____

Email address: _____

(An email address is required so that we can send you information on events and also the syllabus for the next belt following a successful grading)

Date of birth: _____

Do you suffer from any medical conditions that may affect your training?

Yes/No (If Yes please provide brief details below of anything I should know that could affect your child)

Why are you interested in Taekwon-Do? (Please tick as appropriate)

Self-Defence? _____ Keep fit? _____ Sport? _____ A New hobby? _____

Other Reasons (please state) _____

Please sign below to show you have read, understood and agree to the information.

Signed _____ Date: _____

(Parent/carer to sign if applicant is under 16 years of age)

Payment Details

Term fee \$ _____

Sparring gear? \$ _____

Membership fee \$ _____

Uniform (CM) \$ _____

Total \$ _____

Automatic Payment form completed? Yes/No

Photographic Consent Form

Occasionally, we may take photographs or videos of the students at the Tae Kwon-do School or at related events. We may use these images in the promotional material for the school or in other printed publications as well as on our website. Images may also appear in local newspapers.

To comply with the Data Protection Act 1998, we need your permission before we can take photographs or make any recordings of you/your child for promotional purposes. Please answer questions 1 to 4 below, then sign and date the form where shown.

Please return the completed form to your instructor as soon as possible.

*Please circle
your answer*

- | | |
|---|-----------------|
| 1. May we use your/your child's photograph in the school prospectus and other printed publications that we produce for promotional purposes or on project display boards? | Yes / No |
| 2. May we use your/your child's image on our website? | Yes / No |
| 3. May we record your/your child's image on video or webcam? | Yes / No |
| 4. Are you happy for you/your child to appear in the media | Yes / No |

Student's name: _____

Student's signature (if over 18): _____

Parent/guardian's
Signature (if student is under 18): _____

Date: _____